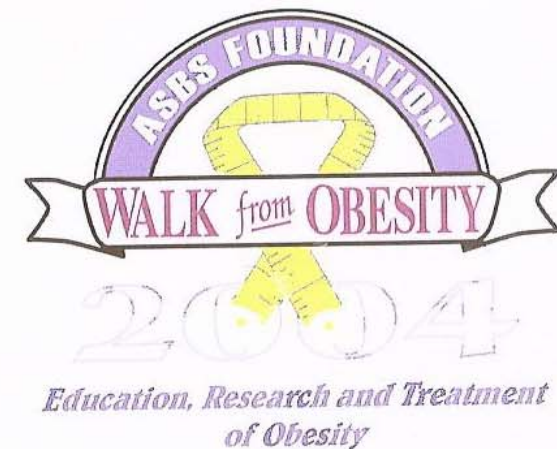


# Walk *from* Obesity—2005

**O**n September 24, 2005, 56 major cities across the United States celebrated the 3rd Annual American Society for Bariatric Surgery Foundation Walk from Obesity. Two cities share this memorable day for the readers of Bariatric Times...



## FROM CALIFORNIA— A WALK WITH A PURPOSE

The City of Seal Beach in Los Angeles hosted the local walk where about 80 youths and adults took a two-mile walk in Seal Beach to send a message about reducing obesity, raising nearly \$10,000 for the cause.

Among the participants were three surgeons from two different practices in Long Beach Area: Dr. Mathias Fobi, who is the President of the ASBS Foundation, represented The Center for Surgical Treatment of Obesity; and Drs. Shyam L. Dahiya and J. Stephen McColgan represented the Laparoscopic Bariatric Specialist Group.

"It was a GREAT experience. We were supposed to walk for 1.5 miles and it just wasn't enough... so we doubled it! We were proud of ourselves and had a ball. We walked with our heads held high to symbolize our commitment to fight this disease." said singer Carnie Wilson, who acted as an honorary chairperson for the Walk. Carnie underwent the gastric bypass surgery in 1999.



**Above: Dr. Mathias Fobi, President of the ASBS Foundation (in the white cap), and singer Carnie Wilson (in the red cap) are pictured here with fellow walkers before starting the City of Seal Beach's Walk from Obesity.**



**Pictured above and below, walkers in the City of Seal Beach's Walk from Obesity raised nearly \$10,000 to help increase awareness and fight the disease of obesity.**



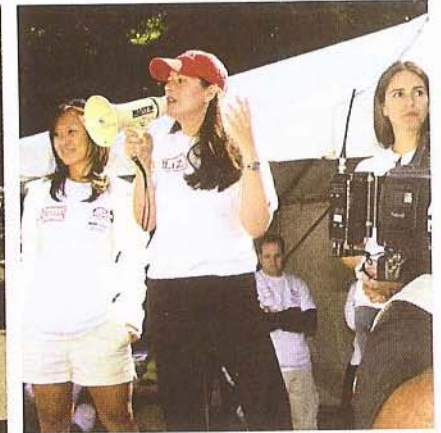
## FROM NEW YORK— A WALK WITH A VIEW

Two hundred walkers enjoyed a beautiful 2 mile walk along the Hudson River and helped to raise \$19,000 for education, research, and treatment of obesity. Among the participants were seven surgeons from five different practices in New York City, including Dr. Michel Gagner, Dr. Dan Herron, Dr. Barry Inabnet, Dr. Marina Kurian, Dr. Alfons Pomp, Dr. Mitchell Roslin, Dr. Tom Sterry.

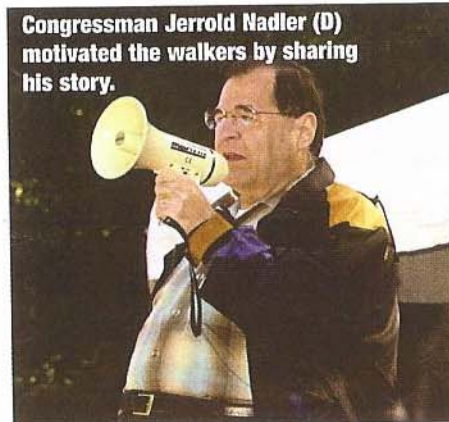
Congressman Jerrold Nadler gave opening remarks to inspire the group. Next, Fanzi, an instructor from New York Sports Clubs—with the help of his bongo drum—led an African dance routine to warm up everyone's muscles before the walk. At the finish line, raffle prizes were awarded, including a private pilates session, earrings, a pearl necklace, a restaurant gift certificate, and pedometers. Among the prize winners were the walker that raised the most money (\$2,300) and the one who traveled the furthest (California). The Walk concluded with an after party at the Boat Basin Cafe. ■



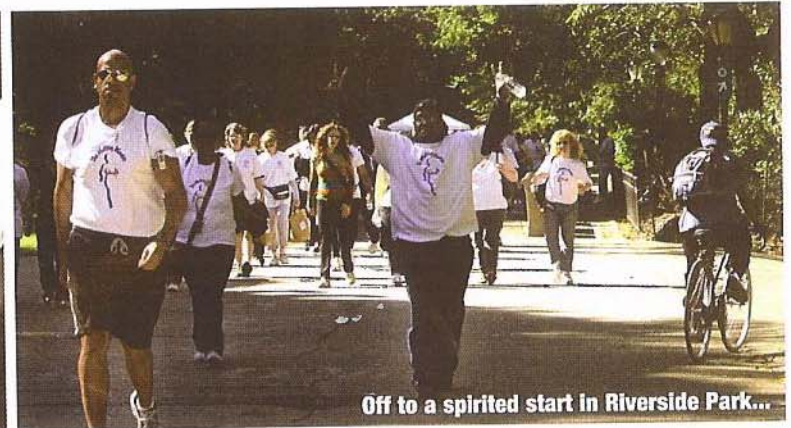
**A beautiful day on the Hudson River—Participants in New York City's Walk from Obesity raised \$19,000 for the fight against obesity.**



**Event leaders (L to R) of New York City's Walk from Obesity: Jessica Mackechnie, Liz Goldenberg, and Amy Fleishman**



**Congressman Jerrold Nadler (D) motivated the walkers by sharing his story.**



**Off to a spirited start in Riverside Park...**